

# Dancing Into Wellness

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3007 Bunsen Ave Ste E, Ventura, CA, 93003

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**Overview**What is Nia? Nia is a sensory-based movement practice that draws from martial arts, dance arts & healing arts. It empowers people of all shapes and sizes

**Address**Dancing Into Wellness is located in 3007 Bunsen Ave Ste E, Ventura, CA,

93003

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