

Holistic Health Options, LLC

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Overview Diane Kingsley is a Licensed and Registered Dietitian as well as Licensed Massage therapist. She graduated Magna Cum Laude with a Bachelors in Nutrition and Dietetics from Keiser University. She received her massage degree from Alpha Institute School of Massage and has received continuing education from Upledger Institute, US Kinesiology Institute of Chapel Hill and Life Mastery Institute. Diane is versed in Swedish, craniosacral therapy, therapeutic massage, reiki, and medical massage. Diane

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