

Adam S. Barrett, LCSW

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OverviewWith over 18 years experience I help clients feel and function better. I provide psychotherapy and executive coaching with a supportive and motivational approach. In therapy sessions I integrate psychodynamic and cognitive behavioral practice models. We focus on your beliefs about yourself and the world around you and look at replacing dysfunctional emotional and behavioral patterns with more positive responses. I treat many issues and have expertise in: Gifted/Talented

Issues, ADHD, Depressi

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