Budo Jiu-Jitsu MMA

185 Grange Rd, Otisville, NY, 10963

Phone: 18453865425

OverviewBudo Jiu-Jitsu is a Mixed Martial Arts school focusing on Muay Thai, Brazilian Jiu-Jitsu, Wrestling, Core Training, Health & Fitness. We train adults but have a very successful children's program. No experience necessary to start. Woman can try our Cardio Kick Boxing Boot Camp. We have all the latest equipment for proper circuit training (Tires, Sledge Hammers, Medicine Balls, Kettle bells and More!). Free 2 Week Trial for all programs!
AddressBudo Jiu-Jitsu MMA is located in 185 Grange Rd, Otisville, NY, 10963

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