

Debra Hodgen Wellness

7220 Avenida Encinas Ste 207, Carlsbad, CA, 92011

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Overview Debra Hodgen Wellness offers gentle and mixed level yoga classes, private and therapeutic yoga. There are also monthly workshops and events. Debra Hodgen is a certified Biodynamic Craniosacral Therapist and offers one hour craniosacral therapy at this location. Debra is also available for Corporate Yoga, Wellness Lectures, Meditation and Stress reduction presentations.

Address Debra Hodgen Wellness is located in 7220 Avenida Encinas Ste 207, Carlsbad, CA, 92011

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