

Emma Mobile Fitness

San Antonio, TX, 78251

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OverviewMy name is Emma and I'm a mobile Certified Personal Trainer and Health and Wellness Coach. I received my degree in Exercise Science from the International Sport Science Association in Carpinteria, California and my focus is on personal and group fitness. I also offer meal plans to my clients to farther assist them with achieving their fitness goals. 2017 WILL BE HERE BEFORE YOU KNOW IT SO IT'S TIME TO GET A HEAD START ON REACHING YOU'RE GOALS!!! EAT RIGHT, LOSE WEIGHT AND FEEL GREAT FOR THE N
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