

# Gary Quillens Moo Sa Black Belt Academy

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3a Rosalie Lane, Aston, PA, 19014

Phone: 16108007629

Overview Gary Quillen's Moo Sa Black Belt Academy is a great family orientated school. They offer classes for all ages. The LITTLE DRAGONS program is designed for children between the ages of 3 and 6. In this class the students learn very fun drills, blocks, punches, kicks as tools to help develop important mental benefits such as RESPECT, FOCUS, SELF DISCIPLINE, SELF CONTROL, and CONFIDENCE. Your child will love the sticker rewards and fun games at the end of class. The basic program is designed for

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