

# JLA Massage

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1110 East Market St Ste A20, Charlottesville, VA, 22902

Phone: 14342276597

OverviewSchedule a genuine healing experience with JLA Massage. Allow complete body awareness and true healing by receiving your total 60, 90 or 120min massage followed by a 10 minute post-massage rest period. Utilizing various modalities including: deep tissue work, stretching, medical techniques, Swedish, Sports/Injury prevention and deep relaxation techniques. Certified by NCBTMB and a member of ABMP, JLA is committed to educating the community on the benefits of massage and to help integrate mass

AddressJLA Massage is located in 1110 East Market St Ste A20, Charlottesville, VA, 22902

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