

Maximum Fitness

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OverviewMy name is Robert Henderson and I am the owner of Maximum Fitness. I am a National Academy of Sports Medicine certified personal trainer and weight loss specialist. As an athlete throughout high school and college I gained a passion for fitness. I am now offering my services online so I can touch more lives and help more people reach their goals in only the way online personal training can. I look forward to working with you!

AddressMaximum Fitness is located in 329 Melissa Ln, Gentry, AR, 72734

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