

Wholistic Healing

2915 E Baseline Rd Ste 112, Gilbert, AZ, 85234

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Overview Becoming who you want to be... Taressa Riazzi, CHt. is a Board Certified Hypnotherapist specializing in smoking cessation, stress/anxiety, worthiness, and teaching clients to create happier and more fulfilling lives. Hypnosis is safe, relaxing, and effective! Hypnotherapy can be used to: Quit Smoking Reduce and Manage Stress Lose Weight Increase confidence Reduce depression or anxiety Overcome fears or phobias Stop procrastinating Increase

motivation/passion/inspiration Overcome trauma or pain

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